

# Your CLEAR Calling

## *Module 6*

## Identify Your Clear Calling



# Discovery

***1. What did you discover about your own unique qualities and the kind of legacy you want to carry forward from your parents?***

***2. What did you experience writing down your goals with a deadline?***

***3. What did you notice about your 10-year vision and then creating goals to move your vision into reality?***



# Declarations

Even with all the work we have done to clear timelines and incorrect beliefs, you may still glitch when you write down big goals. It's normal! Especially when setting goals where you are unlikely to reach 50% of them. Your brain likes to set goals based on what it already knows. When you push into new places, and reach beyond your current boundaries, your brain may do a little (or big!) freak-out.

That's where declarations come in. A declaration is a reminder of what is ultimately the most important for you when setting goals. You set four declarations: **overarching, personal/relationships, career, and health**. Through the power of language, you find the right fit for what is most important for you in each of those realms and test your goals against your declaration.

If you have previously created declarations, check them. They generally stay the same and may need to be refined.

## Example declarations

Overarching: I create my life. In [NAME], I trust.

Personal - I have faith and trust in my inner knowing. My intuition creates infinite possibility. I am loved. I am a loving listener.

Health - My health creates infinite possibility. I am a stand for the greatness within all people.

Career - I generate abundance through self-expression. I create beauty.



# Create your declaration

1. Read your vision out loud, then read a few of your larger goals.
2. Identify something you really want in your goals or vision and that you feel like you can't have.
3. Observe what the voice in your head says that "I can't" or "I don't deserve" or "I don't know how."
4. Create your declaration starting with an active verb – I am, I allow, I have, I create, I love, etc.
5. Speak it out loud until you feel a shift in your physical body that confirms you have the correct declaration for you. All the words you use to get here will sound great! Keep going until you feel the shift to 100%.
6. Follow the above steps again to create declarations for personal/relationships, career and health.

## Overarching Declaration

## Personal Declaration



## Health Declaration

## Career Declaration

